JARROW
FORMULAS

Division of Compliance and Enforcement/ONPLDS   -6 P2 :08   August 23, 2000
Center for Food Safety and Applied Nutrition
Food and Drug Administration
HFS-810
200 C Street, S.W.
Washington, DC 20204
202-205-5229

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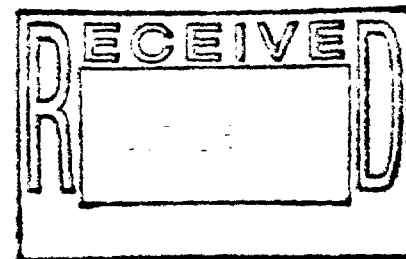
Dear CFSAN:

Pursuant to Section 403(r)(6) of the Federal food, Drug and Cosmetic Act and Section of 101.93
of FDA's regulations, we hereby notify you that we are using the following statement(s):

(1) Name of Address of distributor:

Jarrow Formulas, 1824 South Robertson Blvd., Los Angeles, CA 90035

(2) Text of the statement(s):

"Antioxidant Protection" – Silymarin contains the antioxidant flavonoids silybin,
silydianin and silychristin. PicroLiv™ is rich in biologically active glycosides
known as kutkin. Schisandra, Scutellaria and Astragalus extracts are included in
the formulationfor their complementary activity. Vitamin C is a basic antioxidant
and is essential to the synthesis of collagen and the health of connective tissue
and gums.

**(3) Name of the dietary ingredient(s) if not provided in the text of the
statement:**

Combination of Silymarin, Picrorrhiza kurroa, schisandra, skullcap, astragalus and vitamin C

(4) Name of the dietary supplement(s)

Detox C and C + Herbs

(5) The following disclaimer appears on the label in bold: These
statements have not been evaluated by the Food and Drug Administration. This
product is not intended to diagnose, treat, cure or prevent any disease.

These claims are limited to, and a result of, what we believe to be a substantial body of scientific
evidence supporting the functional role of these nutrients. A compendium of relative published
research substantiating the above statement(s) is on file at the corporate office.

Respectfully submitted,

Siddharth Shastri, CCN

Vice President, Director of Product Development
Licensed Dietitian/Clinical Nutritionist, #002378
(by the University of the State of New York, State Board of Education)

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